

ADDICTION ASSESSMENT MODEL

Goals:

- To identify four phases of addiction
- To place an individual into a phase
- To help understand what intervention he/she needs and what resources are available

	Realization for _____	Realization for _____	What _____ want
BLUE - (phase 1)	Need _____	_____ realize need change	_____ want change
YELLOW - (phase 2)	Need change & _____	_____ need for change	Do want _____ Do not want _____
ORANGE - (phase 3)	Need _____ to change	Realize need for _____ Realizes need for _____	Do want change } _____ Do want help } _____
RED - (phase 4)	Must have _____ help to change	Must have intensive help or will _____	Wants help & change _____

DYNAMICS:

- General
- Everyone’s rock-bottom is different
- During transition to next phase: increased usage, more intense circumstances, old phases still evident
- An individual may skip a phase or even two
- An individual might go back and forth between phases
-

OBJECTIVE: get your loved one to the RED zone where the belief system changes & freedom comes.

Phase 1

BLUE ALERT – You may not even know anything is going on, but you suspect “something” is not right

Realization for YOU

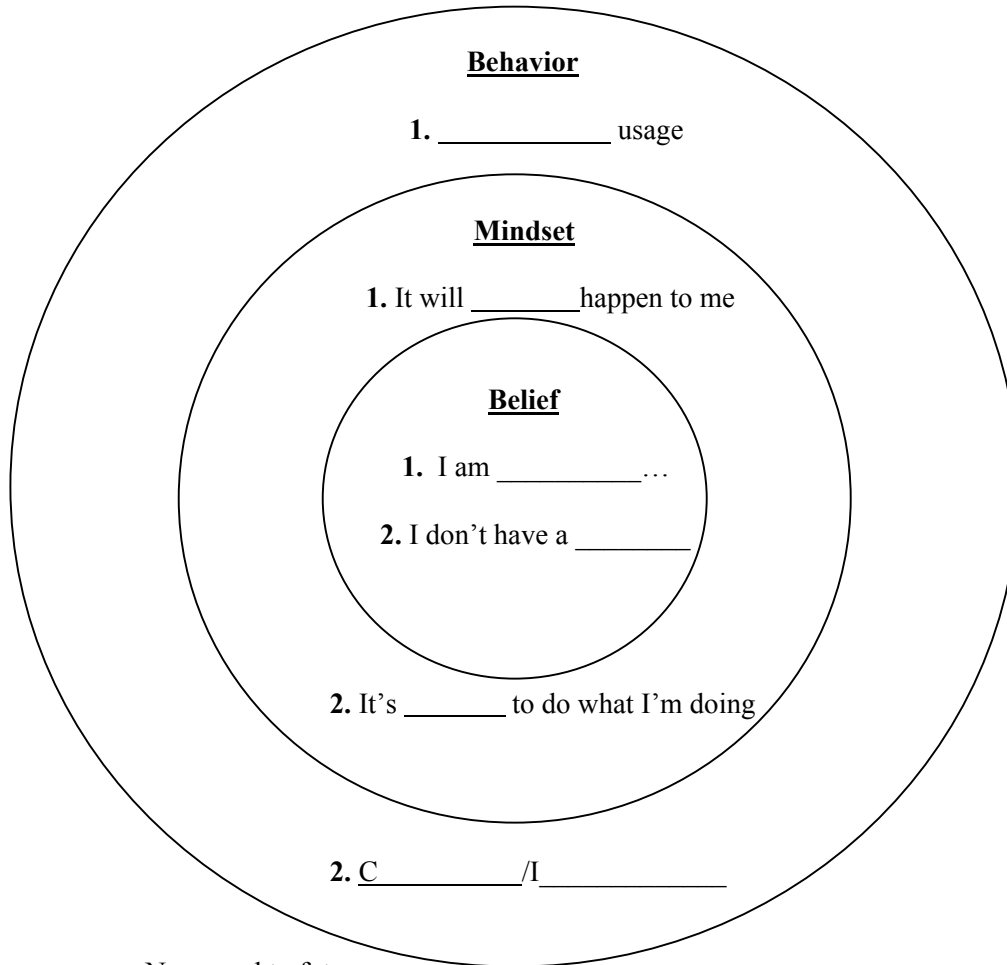
Need change

Realization for THEM

Do not realize need for change

What THEY want

Do not want change



Characteristics:

- No regard to future consequences
- Do not even see potential problem if they continue
- No personal responsibility for actions
- Denial
- Beginning stages of rebellion
- Beginning stages of isolation
- Beginning stages of using, etc...

Catch Phrases: (if confronted)

- Why should I change?
- Everyone else is doing it
- I just wanted to see what it's like
- I like the way it makes me feel
- This is really no big deal

Intervention:

- Be a close friend – develop trust
- Talk about REAL issues / Open communication is the key
- Give them unconditional love and acceptance with broad boundaries
- Don't react with heightened emotions – this will scare them away

Resources:

- Research scripture and claim God's promises!
- See 180 staff to recommend specific resources (books, websites, etc for education purposes)
- See addiction guide & get familiar with assessment model

Phase 2

YELLOW ALERT – Friend or family will come to you with concerns OR individual will get caught

Realization for YOU

Need change & help

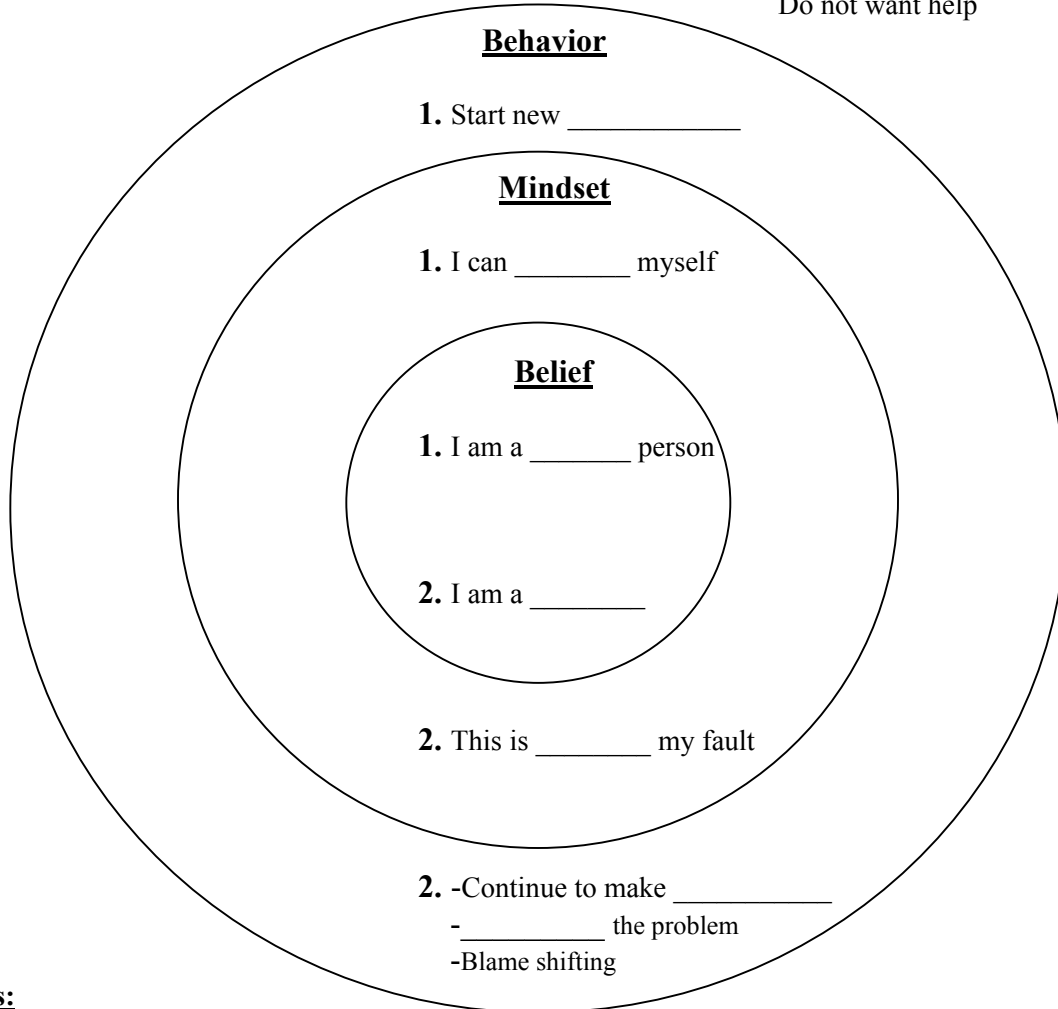
Realization for THEM

Realize need for change

What THEY want

Do want change

Do not want help



Characteristics:

- KNOWS the consequences of actions, but still no regard to them
- Beginning to realize potential problem if not stopped
- Slight personal responsibility for actions begins
- Admits the problem
- Heightened rebellion, isolation, & usage
- Still in control (in their own mind)
- Able to function in society
- Still very hopeful
- Individual might have confrontation with law enforcement

Resources: -Seek out individuals who have dealt or are dealing with same issues
-Seek out groups who deal with same issues
-Begin counseling with someone who can identify with your situation
-Research scripture and claim God's promises

Catch Phrases:

- I can quit anytime I feel like it
- I don't have "that big" of a problem
- I've got everything under control
- You are overreacting
- Comparison –I'm not like...
- You don't know me or what I'm going through / you don't understand me/you don't know what I've been through
- I'm not hurting anyone else

Intervention:

- Offer unconditional love and acceptance with tighter boundaries
- Begin tough love
- Pray – "whatever it takes"
- Stop enabling
- Educate yourself in area of their problem
- Include family, friends and **trusted** church staff with concerns

Phase 3

ORANGE ALERT – Problem is evident / Individual will come to you for assistance

Realization for YOU

Need help to change

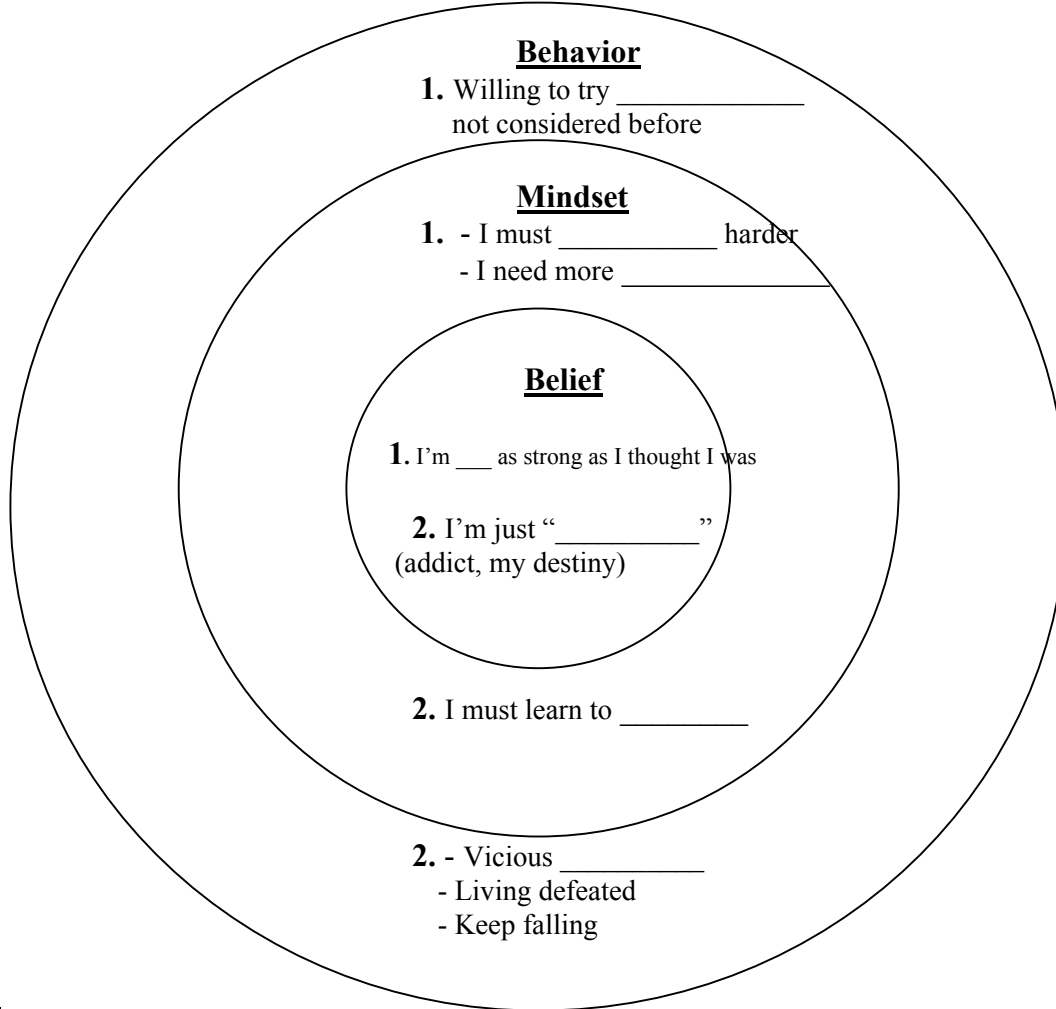
Realization for THEM

Realize need for change

Realize need for help

What THEY want

Do want change } their
Do want help } way



Characteristics:

- NO regard to consequences whatsoever
- Fully aware of problem
- All out rebellion, isolation, and usage
- Out of control – but still wants control
- Not dependable at all
- Losing hope quickly
- Core relationships change
- Thoughts of suicide

Resources:

- Short-term treatment programs
- Intensive Christian counseling
- Intensive accountability
- Christian group meetings
- Transfer identity to "IN CHRIST"
- 2 week intensive FREEDOM Program

Catch Phrases:

- I can't stop on my own
- My problem is just about out of control
- I NEED: counseling, accountability, out-patient or short-term in-patient program, to leave this town, a fresh start, a new set of friends
- I DON'T NEED: everyone telling me what to do, long-term residential treatment

Intervention:

- Open communication about their problem with family, friends, church, work etc.
- Increase tough love by drawing up a contract agreement including clear boundaries and consequences
- Be prepared to "cut them off"
- Bring them to the 180 office for assessment

Phase 4

RED ALERT – Problem IS OUT OF CONTROL – Must have intensive help or will die – (Rock-BOTTOM)

Realization for YOU

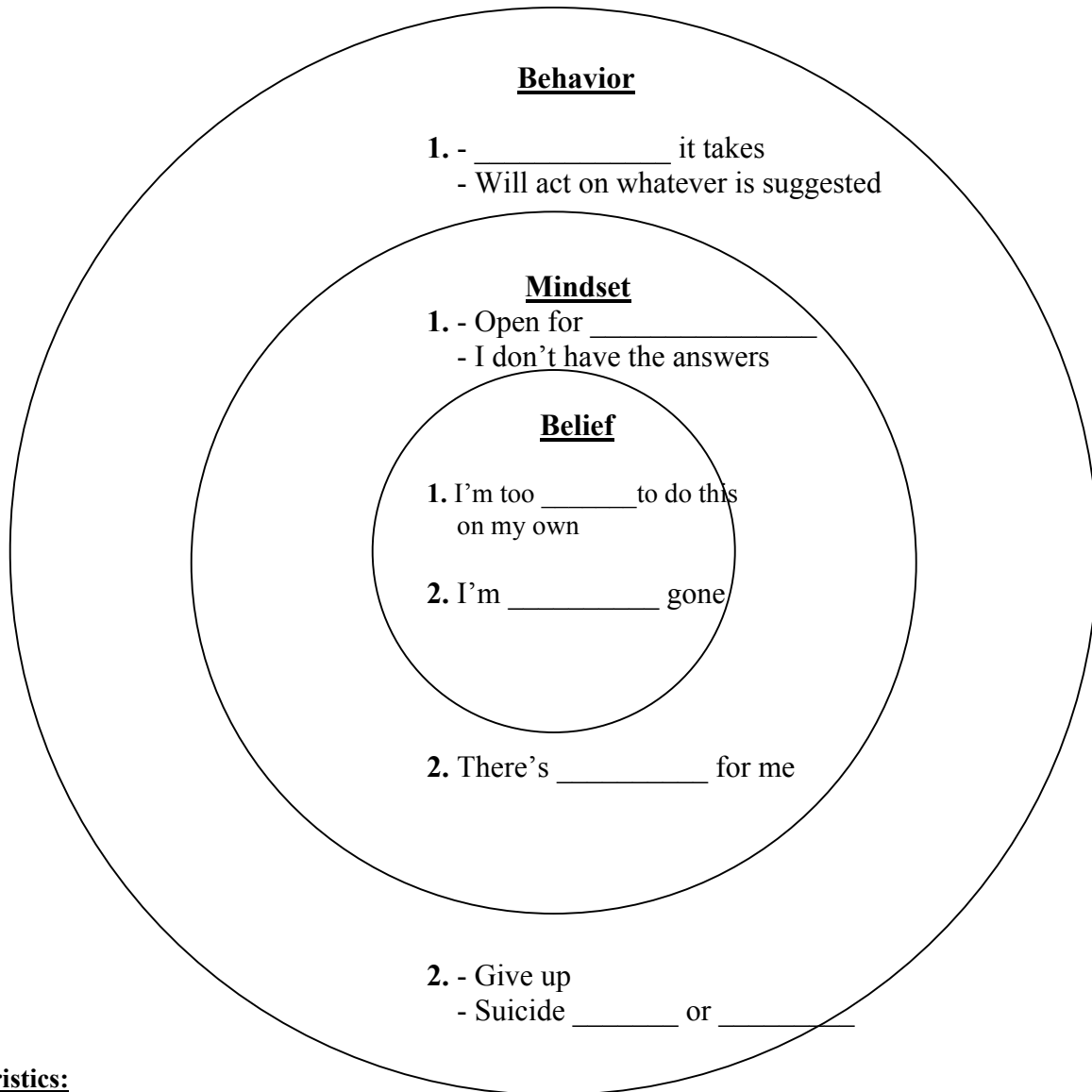
Must have intensive help to change

Realization for THEM

Must have intensive help or will die

What THEY want

Want help & change **at any cost**



Characteristics:

- Ready for help
- Completely out of control and ready to hand over control to God
- Unable to function at all without usage
- Broken – end of self – at bottom
- Worn out & tired of running
- Takes full responsibility for actions
- Complete isolation
- No Hope
- Humble
- Plans or attempts suicide

Intervention:

- Bring them to 180 office for placement
- Extreme tough love – I love you enough to

Resources:

- *Intensive treatment:*
 - Counseling
 - Accountability
 - 2 week Intensive FREEDOM Program
 - LONG-TERM, RESIDENTIAL CHRIST-CENTERED PROGRAM (9-16 months)
 - MUST surrender everything to Christ

Catch Phrases:

- I will do whatever it takes
- I am tired
- Please help me - I am going to die if I don't get some help
- I have lost everything
- If I don't do something now, I'm going to die
- I'm done,
- I'm sick